## **MATERIALS**

- A3 drawing paper
- Pencils
- Glossy paint such as Creall Gloss
- Glitter paint such as Creall Glitter
- Brushes, for example, Gussow brushes or Creall Trixi brush

## **LEARNING OBJECTIVE**

Consciously deal with one's own emotions and feelings and express them in a comprehensible way for others.





## A BIG GROWING HEART



Discuss with the pupils what it means when someone has a place in your heart. Who have a place in their hearts? What would they wish for them?



2

Let the children draw a heart in the middle of the drawing paper. Make sure that they leave plenty of space around the heart. The pupils can then choose a colour glossy paint with which they will be painting the heart.

3



Let the pupils draw the outer contours of the heart with different colours. The heart is getting bigger! If it is big enough, they can decorate it with glitter paint.



As a final touch, the pupils can write a wish at the back for a family member or a friend.

